



C E N T E R F O R  
*Women's Health*  
R E S E A R C H

NEWSLETTER

VOL. 12, ISSUE 3

AUTUMN 2001

University of Washington

School of Nursing

Seattle, Washington



## Health and Wellness Extravaganza

The Center for Women's Health Research co-sponsored the Health and Wellness Extravaganza at the Willapa Harbor Hospital, South Bend, Washington, September 2001. This community-wide event helped to increase community awareness of local resources, shared health and wellness information, and provided free health screening.

Event highlights included speakers from the University of Washington's Center for Women's Health Research presenting information throughout the day; interactive activities for children; and prize drawings for participants. CWHR presenters included Margaret Heitkemper (IBS), Martha Lentz (fibromyalgia), and Marie-Annette Brown (depression). Marcia Killien and Kendra Hayward provided

event planning and coordination. Sponsors included Willapa Harbor Hospital, Pacific County Health and Human Services, Shoalwater Bay Tribe, GlaxoSmithKline, and the Corbally Public Service Endowed Professorship. The next health fair will be held at the Shoalwater Bay Tribal reservation Spring 2002.

## News from Center Affiliates

### Presentations

The Correctional Mental Health Collaboration, directed by **David Allen**, co-hosted the international conference "Human Rights and Best Practice in America's Supermax Prisons" with the Department of Corrections. According to Dr. Allen, "more and more women are being confined in these units, which are internationally viewed as forms of torture prohibited by treaty". Members of the Collaboration who presented included David Allen, David Lovell, Kristin Cloyes, and Lorna Rhodes.

**Carol Landis** presented "Fibromyalgia- Myth or Reality?" sponsored by the Women's Health Network and the CWHR August 2001, Moses Lake, WA.

**Frances M. Lewis** was the 2001 Cleveland Visiting Scholar. She presented "Smoothing out the Ride: Healing the Family during Cancer Care"; and "Soothing the Spirit Along the Way: Self-Care and Healing for the Health Care Staff", September 2001, Spokane, WA.

**Carole Schroeder** presented findings from her CWHR sponsored Doula project at the Western Institute of Nursing conference, April 2001.

**Nancy Woods** and **Ellen Mitchell** attended the STRAW workshop, sponsored by NIH, NAMS and ARDS. The workshop, held in Park City Utah, July 2001, was set up to develop a staging system for the menopausal transition and to revise nomenclature used to describe events during reproductive life. Dr. Woods was on the planning committee and chaired one of the work groups. Dr. Mitchell was an invited attendee. Results will be published in several journals worldwide this fall.

## Publications

**Brown, M. A.**, Goldstein-Shirley, J., Robinson, J., & Casey, S. (2001). The effects of a multi-modal intervention trial of light, exercise, and vitamins



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*Publications continued*  
on women's mood. *Women and Health*, 34(3), 93-106.

**Burke, W.**, Olsen, A.H., Pinsky, L.E., Reynolds, S.E., Press, N. (2001). Misleading presentation of breast cancer in popular magazines. *Effective Clinical Practice*; 4:58-64.

Culver, J.O., **Burke, W.**, Yasui, Y., Durfy, S.J., & Press, N. (2001). Participation in breast cancer genetic counseling: the influence of educational level, ethnic background, and risk perception. *Journal of Genetic Counseling*; 10:215-231.

Dougherty, C.M., Johnson-Crowley, N.R., **Lewis, F.M.**, Thompson, E.A. (2001). Theoretical development of nursing interventions for sudden cardiac arrest survivors using social cognitive theory. *Advances in Nursing Science*, 24(1):78-86.

Evans, J.P., Skrzynia, & C, **Burke, W.** (2001). The complexities of predictive genetic testing. *BMJ*; 322:1052-6.

Johnston, S.K., **Landis, C.A.**, **Lentz, M.L.**, & **Shaver, J.F.L.** (in-press). Self-reported nap behavior in mid-life women in a home study of insomnia. *Sleep*.

**Killien, M.G.**, Habermann, B., & **Jarrett, M.** (2001). Influence of employment characteristics on postpartum mothers' health. *Women and Health*; 34(1-2):63-81.

McTiernan, A., Kuniyaki, A., Yasui, Y., Bowen, D., **Burke, W.**, Culver, J.B., Anderson, R., & Durfy, S. 2001. Comparison of two breast cancer risk estimates in women with a family history of breast cancer. *Cancer Epidemiology, Biomarkers and Prevention*; 10:333-338.

## Grants funded

**K**risten Swanson "Caring Interventions for couples who have miscarried". 1R01 NR05343-01A1, NIH, NINR. Dr. Swanson's grant builds on two smaller grants that were funded by CWHR.

## Honors

**Marcia Killien** was appointed Adjunct Professor of Women's Studies at the University of Washington.

**Terri Simpson** was elected to the Commission on Collegiate Nursing Education Nominating Committee.

## Women with Irritable Bowel Syndrome are Needed

**Y**ou need to be 18-45 years old, have normal menstrual periods, and not be taking birth control pills. You must have had an IBS diagnosis for at least six months and have weekly GI symptoms. Call Vicky at (206) 543-7431 for more information. You will receive up to \$150 for participation. University of Washington School of Nursing.

## HRSA News Release

**New Nurses Meet Women's Health Needs**, HHS Report finds new nurses with bachelor's degrees are well educated to meet the health needs of America's women, according to a new report released June 27, 2001 by the U.S.

Department of Health and Human Services. Women's Health in the Baccalaureate Nursing School Curriculum: Report of a Survey and Recommendations found that those schools' entry-level courses and evidence-based interventions do address women's health issues. "Given the nursing shortage we face, it's more important than ever to make sure that nurses are prepared to meet the needs of their patients," said HHS Secretary Tommy G. Thompson. "This report affirms that today's nurse workforce is ready to tackle a broad range of health issues."

President Bush's Fiscal Year 2002 budget seeks extra funds to counter the nurse shortage. Now pending in Congress, the request would add \$1.5 million for the Nursing Workforce Diversity program and \$3.5 million for the Basic Nurse Education and Practice program. Both programs are administered by the Health Resources and Services Administration, an HHS agency. A total of 334 schools responded to the survey, which asked if women's health topics are covered in undergraduate nursing education programs and whether the courses are elective or required. The survey used a broad definition of women's health that includes health and illness issues unique to or more prevalent in women.

The report found that virtually all schools require their students to take courses that address issues such as breast cancer; contraception and fertility management; normal and abnormal female anatomy and physiology; and sexually transmitted diseases and prevention of risk. Four-fifths of the responding schools teach cultural competency as part of women's health communications.

The report also found that more than 300 undergraduate nursing programs



now include domestic violence and rape counseling and treatment as part of their required course content. HRSA press releases are available on the Web at <http://www.hrsa.gov/newsroom>.

Marcia Killien attended the meeting on behalf of the UW and the CWHR and participated in the discussion and commentary.

**ArcticHealth: A New Web Site for the Polar Regions**

Special populations have special needs. Do they also have special needs for health “information”? The National Library of Medicine believes they do, and it has created a Web site aimed at the special needs of the inhabitants of the Arctic. Arctic Health, as it is called, provides access to evaluated health information from hundreds of local, state, national, and international agencies, as well as from professional societies and universities.

The new site has sections devoted to chronic diseases, behavioral issues, traditional medicine, environment/pollution, and environmental justice. According to Donald A.B. Lindberg, M.D., the library’s director: “For the last several years we have been connecting Native American communities in Alaska and the Pacific Northwest to the internet. Now the communities in the far north- the hospitals, clinics, libraries, and remote villages-will have a web site devoted to those health issues of most concern to them.”

The library has in the last three years created several web-based information services that serve the broad public directly. MEDLINEplus and ClinicalTrials.gov are two notable resources that together are

receiving more than 50 million page hits per year. ArcticHealth was created for a much narrower audience. It is the first in what may become a series of health information websites for special populations and the health professionals who serve them.

Having created the site, the National Library of Medicine plans to work with the Regional Medical Library at the University of Washington in Seattle to have ArcticHealth hosted and maintained by a university already working with issues important to the Arctic region. The web address of ArcticHealth is <http://arctichealth.nlm.nih.gov/>.

**Call for Papers/Abstracts/ Submissions  
Hawaii International Conference on Social Sciences**

June 11-15, 2002  
Sheraton Waikiki Hotel, Honolulu Hawaii, USA  
Submission Deadline: January 16, 2002

Sponsored by: University of Hawaii - West Oahu; and College of Tropical Agriculture and Human Resources-University of Hawaii.

For more information about submissions please see: [http://www.tapacom.net/hcsocial/cfp\\_ss.htm](http://www.tapacom.net/hcsocial/cfp_ss.htm). Or Email: [social@tapa.com](mailto:social@tapa.com)

**Third Annual Conference on Sex and Gene Expression (SAGE III)** will be held April 4-7, 2002 at the Hayes Mansion San Jose, CA. This is the third in a series of meetings exploring sex differences at the genetic, molecular, cellular and organ system, SAGE III is modeled after the small interactive format of the Gordon and Keystone conferences.

Basic researchers will explore topics including: model systems for understanding sex differences in development; sex & gene expression in the immune system; interactions between steroid hormones, apoptosis and carcinogenesis; and genetic imprinting and parent of origin effects. To request additional information, please contact Regina Vidaver, Ph.D., Program Manager, at (202) 496-5002 or e-mail [regina@womens-health.org](mailto:regina@womens-health.org).

**Upcoming Women's Health Conference**

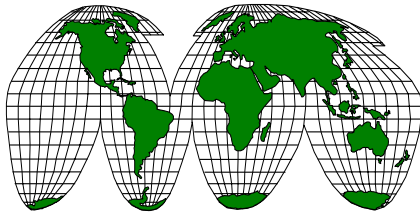
**The 13th International Congress on Women's Health Issues**, will be held June 2002, Seoul, Korea.

Deadline for papers/posters: February 28, 2002.

Sponsors include Ewha Womans University, College of Nursing Science. Contact: Coordinator Heewon Yang, Secretariat of the 13th International Congress on Women's Health Issues, Ewha Womans University, College of Nursing Science, 11-1, Daehyun-dong, Seodaemun-gu, Seoul, 120-750, Korea; E-mail: [krshin@mm.ewha.ac.kr](mailto:krshin@mm.ewha.ac.kr)

Dean Nancy Woods is an invited speaker.





Check out our website: <http://www.uw-cwhr.org>

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